

## KS2 Unit 1, Lesson 3 - special days.

**Context:** In this lesson, we are asking pupils to reflect on days that are special to them and explore a day that is important to Jewish people.

**Essential core:** -

Understand how Jews celebrate the Shabbat and why it is considered the most important festival:

Timing of Shabbat, no work, but study, rest and leisure

Time to celebrate belief in one G-d as creator

Central rituals: Kiddush, lighting candles, wine shared and bread cut

Attendance at Synagogue and opening of Ark

Dietary rules including kosher and trefah and separation of meat and milk.

**Resources:** Challah loaves, two candlesticks & candles, matches, persona doll, kippah (cap), tallit (prayer shawl). White tablecloth. <http://reonline.org.uk/specials/jwol> (Shabbat)

**Vocabulary:** - Challah, kippah, tallit.

### INTRODUCTION

Today David the persona doll has brought two challah loaves. They do not fit in his bag! It is Friday and his family is about to celebrate Shabbat. Encourage the children to ask him questions (through you). What is Shabbat? Why must he rest? What does that look like in his home? Why does his family enjoy Shabbat - what makes it special? Lay the table for the start of Shabbat and talk about what these things are as you do. Why is the bread plaited? (it symbolises the 12 tribes of Israel)

### CELEBRATE:

Light the candles and sing "Two Candles Burn" song together. Talk about the meaning of the words. Listen to what the children say about the start of Shabbat (Friday night) on Jewish Way of Life.

<http://reonline.org.uk/specials/jwol>

### REFLECT:

Eat the Challah bread together. Shabbat is a special day - a time for rest, family and worship. Traditionally Challah is eaten at each of the three meals over Shabbat.

This plaited bread is special - sweet and rich. It reminds people of the miracle of the manna that God provided the people of Israel to eat when they were in the desert. What might these things make Jewish people think about as they eat the Challah loaves today? What do they "say" about what God is like?

What is a kippah and tallit. They are worn as a sign of respect for God as Jewish men and boys pray. Let the pupils try them on if they wish. Emphasise these are special things. What things do **other** people do as a sign of respect to God as they pray (kneel, bow head, men remove hat, cross themselves etc)

### Plenary:

Draw a picture of the challah loaves and candles and write with them why Shabbat is a special day of rest. What do the things Jews do on this day "say" to them about what God is like and the way He wants people to live