

<p>Christians think about the Easter story and what Jesus' death and resurrection means to them.</p>	<p>Christians ask God's forgiveness for the things they have done wrong.</p>
<p>Christians spend days fasting (going without food) and praying.</p>	<p>Christians give up things that they enjoy for the period of Lent (e.g. chocolate or sweets).</p>
<p>Christians think of ways to be generous and kind to others.</p>	<p>Christians ask for God's help in not giving in to temptation.</p>
<p>Christians don't do anything different from what they do the rest of the year.</p>	<p>Christians meet together in groups to study the bible and pray.</p>